**My Weekly Routine**

Use the 1-week planner below to write down what your weekly routine looks like most weeks.

|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 6:00 AM |  |  |  |  |  |  |  |
| 9:00 AM |  |  |  |  |  |  |  |
| 12:00 PM |  |  |  |  |  |  |  |
| 3:00 PM |  |  |  |  |  |  |  |
| 6:00 PM |  |  |  |  |  |  |  |
| 9:00 PM |  |  |  |  |  |  |  |
| 12:00 AM |  |  |  |  |  |  |  |
| 3:00 AM |  |  |  |  |  |  |  |