

Learning Coach LLC
LearningCoachWA.com
phone: (360) 207-4560
fax: (360) 325-7720
Bellingham, WA



Informed Consent for Occupational Therapy Services

Nature and Benefit of Services

1. Occupational Therapy: Occupational therapy intervention uses everyday life activities (occupations) to promote health, well-being, and ability to participate in the important activities in life. Occupational therapists are professionally trained to analyze activities, environments, and personal factors to determine what supports or skills trained will help someone accomplish their occupations more independently.
2. Youth, Adolescents, Young Adults, and Families: Learning Coach LLC works with people who need or want support in occupations such as being a student, job seeker, worker, socialite, community member, athlete, artist, self-guardian, household manager, parent of children or young adults, and other occupations of youth and young adulthood.
3. Need for Services: Services are recommended whenever any of the above occupations become disrupted for reasons such as: stress related to school, work, or family; recent accident or disability; recent diagnosis of ADHD, autism, or other neurodevelopmental disorder; or other condition causing a disruption to successful completion of important occupations.
4. Skills Trained: Learning Coach LLC supports its clients in identifying goals related to learning, leisure, and employment; identifying personal plans and strategies to achieve goals; creating and maintaining effective and healthy routines; creating effective environments for learning and leisure; identifying and training in self-regulation skills; accommodating for behaviors disruptive to goal progress; developing adaptive skills; communicating effectively about problems and goals; self-advocacy skills; organization of time and materials; and training in technology to support goals.
5. Natural Context: Learning Coach LLC services take place in locations most relevant to the client's goals, and may include the client's home or a simulated classroom environment; social environments such as a cafe or outdoor play area; a private office or clinical space; or other location agreed between the client and provider during treatment planning. Services delivered in public settings include the potential benefit of natural social and environmental interactions that carry into the client's daily life, as well as the more rapid skill-acquisition associated with practicing in the natural context.

Considerations and Assurances

Consideration	Assurance
<p><u>Physical Safety</u>: Learning Coach LLC supports a broad range of client activities which can require varying levels of coordination, balance, strength, endurance, and other physical capacities. Services take place in the same everyday contexts in which physical injuries may occur.</p>	<p>Learning Coach service providers are trained to monitor client response to therapeutic activities to maintain safe body mechanics and alertness, and to use professional judgment to provide therapeutic activities at the just-right challenge.</p>
<p><u>Physical contact</u> may be used to facilitate sensory or postural elements of a learning task, such as correcting sitting posture at a desk, supporting balance, facilitating correct grasp pattern of a learning tool, or directing attention via a tactile cue.</p>	<p>Learning Coach service providers are professionally trained to seek consent before physically contacting a client, as well as to monitor response to physical contact, and administer it only in the amount needed to effect a therapeutic outcome.</p>
<p><u>Social/Emotional</u>: Learning Coach LLC’s focus on learning can evoke in some clients memories and feelings associated with difficult learning material, low self-esteem, or unsuccessful attempts to learn new skills.</p>	<p>Learning Coach service providers are trained to utilize motivational interviewing practices within an encouraging context to focus clients on imminent successes associated with their larger goals.</p>
<p><u>Behaviors</u>: Learning Coach LLC interventions may target behaviors that can be disruptive to learning. If a client engages in a behavior or behaviors that the service provider deems unsafe and the client does not respond to verbal prompting to cease the behavior(s), the service provider must use the least restrictive method of interrupting the unsafe behavior, which may include a physical restraint in a safe and non-punitive manner.</p>	<p>Learning Coach service providers are professionally trained to provide intervention in a context of acceptance and safety. After de-escalating the situation, a written report will be made available detailing the situation’s context, behaviors, prompts, and consequences.</p>
<p><u>Confidentiality</u>: Learning Coach LLC service providers create a record of care and services provided to meet legal requirements and to provide quality services. All electronic communication (email and text) becomes a part of a client’s therapeutic record.</p>	<p>Learning Coach LLC offers a <i>Notice of Privacy Practices</i> for comprehensive details about the ways Learning Coach LLC may use and disclose personal health information, client rights to the health information maintained by Learning Coach LLC, and obligations Learning Coach LLC has regarding the use and disclosure of personal health information.</p>

<p><u>Service Locations:</u> Services delivered in public settings include the potential risks of distractions irrelevant to therapeutic goals, and reduced confidentiality of services.</p>	<p>Learning Coach service providers are professionally trained to maintain focus on therapeutic goals, redirecting irrelevant public distractions as needed, maintaining a confidential professional identity, and pivoting service strategies as needed.</p> <p>Clients and legal representatives have a choice about service locations during session scheduling, and have the right to alter service location to a private location at any time.</p>
--	---

Client Acknowledgement

1. *I understand that occupational therapy helps me remediate an occupation in my life that has been disrupted by some personal or lifestyle condition.*
2. *I understand and am informed that occupational therapy may have some risks. I understand that I have the right to ask about these risks and have any questions answered about the client’s condition prior to treatment.*
3. *I understand that services delivered in a public setting relevant to a client goal pose risks to confidentiality, and that I have the right to choose the location of services.*
4. ***I consent and authorize Learning Coach LLC to administer treatment under the direction and supervision of a registered occupational therapist.***

BY SIGNING BELOW I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Client name _____ Date of Birth _____

➤ Signature _____ Date _____

Legal guardian name _____ Relationship to client _____

➤ Signature _____ Date _____

Other authorized signatory _____

Description of authorization _____

➤ Signature _____ Date _____